

To order from the Cook County Whole Foods Deli, please call: 387-2503

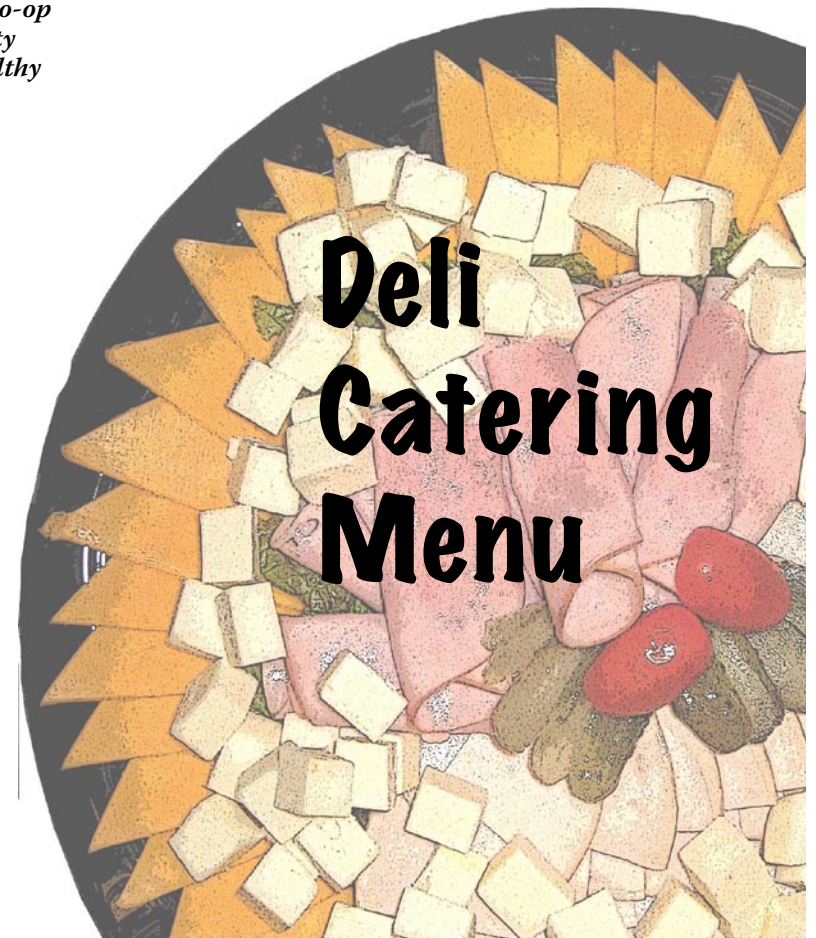
We request 48 hours advance notice for catering orders. Thanks!!



The Cook County Whole Foods Co-op is a member owned community grocery, working to create a healthy and sustainable society.

20 First Street E.
P.O. Box 813
Grand Marais, MN
55604
218-387-2503
cookcounty.coop
info@cookcounty.coop

Hours:
Monday – Saturday
9 a.m. to 7 p.m.
Sunday 10 a.m. to 6 p.m.



SALADS

Estimate approximately 1/4 lb of salad per person as a side dish, 1/2 lb as an entree.

The Cook County Whole Foods Coop offers a variety of amazing salads, that will knock your socks off! Call ahead or stop in to see what varieties we have in our deli cooler. Selections change with the seasons.

BOX LUNCHES

Perfect for meetings and lunch on the beach!

Your choice of turkey & cheddar, ham & cheddar, or hummus & veggie.
Only \$6.99 each.

All lunchboxes come with kettle chips.

ADD 1.00 FOR A PIECE OF FRUIT

ADD 1.99 FOR A FRESH BAKED COOKIE



SPECIALTY PLATTERS

An artful display of the finest natural ingredients to accommodate any occasion.

PLATTERS SERVE ABOUT 10-15 PEOPLE



VEGETABLE TRAY

18.99

A fresh assortment of seasonal vegetables served with our deli-made hummus.

FRUIT TRAY

18.99

A beautiful selection of fresh and seasonal fruits served with honey-greek yogurt for dipping.

CHEESE TRAY

21.99

Domestic and imported varieties including delicious bites of swiss, slices of cheddar, cubes of chipotle cheddar, and brie.

MEAT AND CHEESE TRAY

25.99

Sliced smoked turkey and maple cured ham, paired with slices of cheddar and swiss.

HOT FOODS

Our favorites, ready to reheat.

SOUP

29.99

PER GALLON

Choose from a variety of our made in house soups. Everything from vegan to vegetarian to meat and seafood varieties.

Call for a specific type.

FRITTATAS

7.99

PER POUND

Our fabulous, classic egg dish bursting with exceptional ingredients.

Choose from our three exceptional flavors:

spinach and scallion

huevos rancheros

asparagus and fontina.



SWEET TREATS

our awesome baked goods feature organic ingredients, free range eggs, and sweeteners such as locally produced maple syrup, grade A honey, and raw cane sugar. order up a dozen of our big ol' cookies, bars, muffins, or scones. please ask about our available flavors!